

# Pre Prep Menu 2

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

### Menu A



**Roast Pork**



**Grilled Fish**



**Grilled Chicken**



**Pizza**



**Fish & Chips**

### Menu B



**Fried Fish**



**Chicken Teriyaki**



**Crab Sticks**



**Pork Yaki Soba**



**Thai Fish Cakes**

### Menu C



**Veggie Bake**



**Noodles**



**Veggie Kebabs**



**Pasta Alfredo**



**Cheese Omelette**