

Pre Prep Menu 4

Monday

Tuesday

Wednesday

Thursday

Friday

Menu A



Pork Noodles Soup



Pasta Bolognese



Pork Stew
with Carrot & Rice



Pizza with Mushrooms



Fish & Chips

Menu B



Pumpkin Lasagna



Steamed Fish
with Lime & Rice



Korean BBQ Chicken



Grilled Pork
& Sticky Rice



Stir fried Chicken

Menu C



Fried Rice Tomato
with Chicken



Chicken Fingers



Thai Omelette



Chicken Burger



Vegetable Tempura