

Pre Prep Menu 3

Monday

Tuesday

Wednesday

Thursday

Friday

Menu A



**Roast Chicken
with Steamed Rice**



Chicken Sausages



**Pork Stew
with Potatoes & Vegetables**



Pizza Hawaiian



Fish & Chips

Menu B



Minced Pork & Basil



Sweet & Sour Fish



Spaghetti Carbonara



Chicken Schnitzel



**Stir fried Pork
with Broccoli**

Menu C



**Pad Thai
with Vegetables**



Vegetable Lasagna



Hainanese Chicken



Pasta Napoli



Potato Gratin