

## Sports and Activities

Teacher	Name of Course	Age	Description	Language Level (Beginner, Intermediate or Advanced)
Andrew Jeffries & Khun Somparn	Multi-Sports and Activity Camp	4 - 10 yrs. (Reception - Y5)	The Christmas Multi-Sports & Activity Camp is designed for children aged between 4 to 10 years old. The children will have the opportunity to try a wide range of sports, water sports and fun new activities. The children will have the chance to make new friends and most of all have lots of fun in a safe and friendly environment!	All levels
Mr Anuvat and Andrew Jeffries	Little Lions Tennis and Swimming (9am to 2.30pm)	6 – 9 yrs. (Y2 - Y5)	The programme will consist of ball tracking and hand-eye coordination exercises, fun games to develop primary skills and to keep an element of fun throughout their tennis experience and instruction on understanding basic strokes and how to play the game. This will be on the mini courts as they are best suited to the size and ability of the children. In the afternoon children will cool off in the pool with some fun activities with Mr Jeffries.	All levels
Mr Anuvat	Grand Slam Tennis Camp	10–17 yrs. (Y6-Y13)	The intermediate level is for Years 6-13 and will focus on drills, games and basic stroke production as a foundation to play the game. The advanced level is for those currently in the school U13, U15 or Varsity team and will give students a professional training experience as a top junior player and will concentrate on fitness, speed and agility and strategy and tactics.	All levels
Natalie Greenidge with Gym Coach	Flips & Tricks Gymnastics and Trampoline fun!	6 - 18 yrs (Y2 - Y13)	From beginners to advanced, Flips and Tricks will help you to learn new skills, improve techniques and increase your performance ability. From developing the fundamental movements - balancing, jumping and rotating - to progressing to more advanced skills such as somersaults. We aim to develop your confidence, fitness, skill development and provide opportunities for you to celebrate your success.	All levels

<p>Martin Readhead</p>	<p>Dance Camp</p>	<p>8 – 13 yrs (Y4 - Y8)</p>	<p>Children will get the opportunity to be creative and expressive in a positive fun environment. The children will get the chance to learn dance moves and routines by some of the biggest names in the world of music. We will explore what makes a good dancer and what makes a good dance routine both musically and visually. They will be given the opportunity to work in small groups to help one another and create their own little dance routines to a specific piece of music.</p>	<p>All levels</p>
<p>Darren Jackson</p>	<p>Football</p>	<p>6-13yrs. (Y1-Y8)</p>	<p>Sessions are designed to provide students a positive introduction to football, thereby giving them the best possible start to increase their future long-term participation in football. Courses are structured in a fun environment, testing both beginners and advanced players.</p>	<p>All levels</p>